

Light inflaton – cosmology and experiments Planck 2010

Fedor Bezrukov

MPI für Kernphysik, Heidelberg, Germany

Institute for Nuclear Research, Moscow, Russia

2 June 2010

based on: F.B., D.Gorbunov JHEP 1005:010,2010 A.Anisimov, Y.Bartocci, F.B. Phys.Lett.B671(2009)211



Outline

- Inflationary model
- Bounds from cosmology
 - How not to spoil inflation radiative corrections
 - How to reheat the Universe
- How to detect the inflaton
 - Inflaton particle properties
 - Production in meson decays
 - Decays of the inflaton
- Conclusions



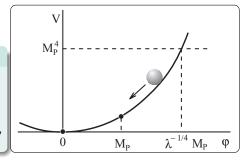
"Standard" chaotic inflation

Scalar field

Required to get $\delta T/T \sim 10^{-5}$:

quartic coupling: $\lambda \sim 10^{-13}$

mass: $m \sim 10^{13} \text{ GeV}$



Fields $\sim M_P$, energy $\sim \lambda^{1/4} M_P$.

- Inflaton/inflationary scale heavy/large, 10¹³ GeV
 - Effects suppressed at low scale
- Inflationary scale low
 - Potential should be very flat
 - Either radiative corrections spoil flatness
 - Either no coupling with SM (no signatures, and no reheating)



Good theory with light inflaton?

- Can we construct a theory with the following properties:
 - Renormalisable
 - Explains usual chaotic inflation
 - Has only particles at or below electroweak scale
 - Leads to good Hot Big Bang afterwards
- Ideally, it should also explain everything else
 - Neutrino masses
 - Baryon asymmetry of the Universe
 - Dark Matter

Yes

And it can be searched for in experiments



Good theory with light inflaton?

- Can we construct a theory with the following properties:
 - Renormalisable
 - Explains usual chaotic inflation
 - Has only particles at or below electroweak scale
 - Leads to good Hot Big Bang afterwards
- Ideally, it should also explain everything else
 - Neutrino masses
 - Neutrino masses
 Baryon asymmetry of the Universe
 Will not have time today
 - Dark Matter

Yes!

And it can be searched for in experiments



Light inflaton model

Add a singlet scalar X to SM, mixed with the Higgs H via the scalar potential

$$V(H,X) = \lambda \left(H^{\dagger} H - \frac{\alpha}{\lambda} X^{2} \right)^{2} + \frac{\beta}{4} X^{4} - \frac{1}{4} m_{\chi}^{2} X^{2} + V_{0}$$
$$\langle H \rangle = \frac{v}{\sqrt{2}} , \quad \langle X \rangle = \sqrt{\frac{\lambda}{2\alpha}} v = \frac{m_{\chi}}{\sqrt{2\beta}}$$

Mass spectrum:

$$m_h = \sqrt{2\lambda} v$$
, $m_\chi = m_h \sqrt{\frac{\beta}{2\alpha}}$

Excitations are rotated with respect to the gauge basis $(\sqrt{2H} - v, X)$ by the angle

$$\theta = \sqrt{\frac{2\alpha}{\lambda}} = \frac{\sqrt{2\beta} \, \mathsf{v}}{m_{\chi}}$$

 $\beta \simeq \beta_0 = 1.5 \times 10^{-13}$ – inflationary requirement Add three sterile neutrinos to explain DM, BAU, ν masses...



Radiative corrections to the inflationary potential

For each species of mass m(X) in the inflaton background X

$$\delta V = \frac{m^4(X)}{64\pi^2} \log \frac{m^2(X)}{\mu^2}$$

We need all this to be smaller, than

$$V_{\text{inflaton}} = \frac{\beta}{4} X^4$$

For example, for the Higgs boson $m^2(X) = 4\alpha X^2$, thus

$$\alpha \lesssim 10^{-7}$$
 (roughly: $\alpha < \sqrt{\beta}$)

Lower bound for the inflaton mass

$$m_\chi > 120 \left(\frac{m_h}{150~\text{GeV}} \right) \left(\frac{\beta}{1.5 \times 10^{-13}} \right)^{\frac{1}{2}} \text{ MeV}$$

How to reheat the Universe after inflation?

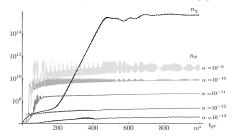
- After inflation: empty & cold
- Needed: hot, T_r > 150 GeV (to get baryogenesis, eg. via leptogenesis)

The estimate:

 Require, that at T_r ~ 150 GeV χχ → HH process enters thermal equilibrium

$$\alpha \gtrsim 7 \times 10^{-10}$$

Parametric resonance? Not so easy to create the Higgs



The large Higgs self interaction destroys coherence and spoils parametric resonance.

Inflaton mass window

Flatness from radiative corrections

$$m_\chi > 120 \left(\frac{m_h}{150 \text{ GeV}} \right) \left(\frac{\beta}{1.5 \times 10^{-13}} \right)^{\frac{1}{2}} \text{ MeV}$$

Sufficient reheating

$$m_{\chi} \le 1.5 \left(\frac{m_H}{150 \, \text{GeV}} \right) \left(\frac{\beta}{1.5 \times 10^{-13}} \right)^{\frac{1}{2}} \, \text{GeV}$$

To be precise, the window also exists

$$2m_H < m_\chi \lesssim 460 \cdot \left(\frac{m_h}{150 \text{ GeV}}\right)^{4/3} \cdot \left(\frac{\beta}{1.5 \times 10^{-13}}\right)^{1/3} \text{ GeV}$$



Inflaton-SM Interactions

Just like the Higgs boson, but light and suppressed by $\theta = \sqrt{2\beta} v/m_\chi$

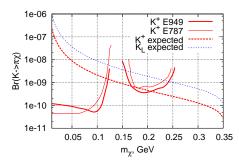
- Created: in meson decays
- Decays: into the heaviest particles allowed (ee, $\pi\pi$, $\mu\mu$, KK)
- Interacts with media: extremely weakly

$$\begin{split} \mathscr{L}_{\chi \overline{f} f} &= \theta \, \frac{m_f}{v} \, \chi \overline{f} f = \sqrt{2\beta} \, \frac{m_f}{m_\chi} \chi \overline{f} f \\ \mathscr{L}_{\chi \pi \pi} &= 2\kappa \sqrt{2\beta} \cdot \frac{\chi}{m_\chi} \cdot \left(\frac{1}{2} \partial_\mu \pi^0 \partial^\mu \pi^0 + \partial_\mu \pi^+ \partial^\mu \pi^- \right) \\ &- (3\kappa + 1) \sqrt{2\beta} \cdot \frac{\chi}{m_\chi} \cdot m_\pi^2 \cdot \left(\frac{1}{2} \pi^0 \pi^0 + \pi^+ \pi^- \right) \\ \mathscr{L}_{\chi \gamma \gamma} &\approx \frac{F_{\gamma \gamma} \alpha}{4\pi} \, \frac{\sqrt{2\beta}}{m_\chi} \, \chi \, F_{\mu \nu} F^{\mu \nu} \\ \mathscr{L}_{\chi g g} &\approx \frac{F_{g g} \alpha_{\rm S}}{4\sqrt{8} \pi} \, \frac{\sqrt{2\beta}}{m_\chi} \, \chi \, G_{\mu \nu}^{\rm a} \, G^{\rm a \mu \nu} \, \mathcal{O} \end{split}$$

Production: hadron decays

$$\left. \begin{array}{l} \text{Br}(\textit{K}^{+} \rightarrow \pi^{+} \chi) \approx \ 2.3 \times 10^{-9} \\ \text{Br}(\textit{K}_{\textit{L}} \rightarrow \pi^{0} \chi) \approx \ 1.0 \times 10^{-8} \\ \text{Br}(\eta \rightarrow \pi^{0} \chi) \approx 1.8 \times 10^{-12} \\ \text{Br}(\textit{B} \rightarrow \textit{X}_{\textrm{S}} \chi) \approx \ 10^{-5} \end{array} \right\} \times \left(\frac{\beta}{\beta_{0}} \right) \cdot \left(\frac{100 \text{ MeV}}{\textit{m}_{\chi}} \right)^{2} \cdot \textit{k} \left(\frac{\textit{m}_{\chi}}{\textit{m}_{\textit{hadron}}} \right)$$

$$imes \left(rac{eta}{eta_0}
ight) \cdot \left(rac{100 \; ext{MeV}}{m_\chi}
ight)^2 \cdot k \left(rac{m_\chi}{m_{hadron}}
ight)$$



Bound from $K^+ \rightarrow \pi^+ + \text{nothing}$

Excluded: $m_{\gamma} \lesssim 120 \text{ MeV}$ Disfavoured:

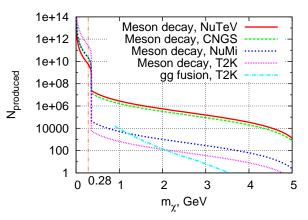
170 MeV $\lesssim m_{\chi} \lesssim$ 205 MeV

Next bound – NA62?



Production: beam dump, ideal luminosity

Number of inflatons produced (via meson decays) during one year of operation¹

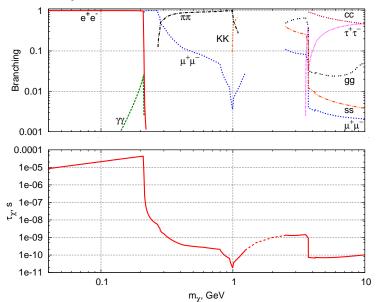


	E, GeV
NuTeV	800
CNGS	400
NuMi	120
T2K	50
	N_{POT} , 10^{19}
NuTeV	N _{POT} , 10 ¹⁹
NuTeV CNGS	N _{POT} , 10 ¹⁹ 1 4.5
	1
CNGS	1 4.5



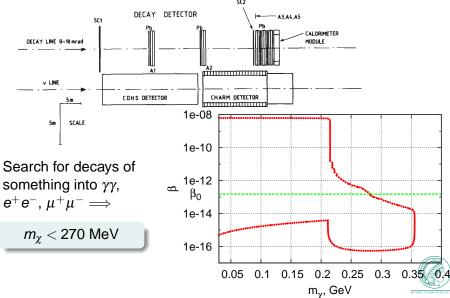
¹no geometric factors, particle separation, etc.

Inflaton decays and lifetime





Beam dump: CHARM bound



Production: search in B decays

$$\left. \begin{array}{l} \mathsf{Br}(\mathcal{K}^+ \to \pi^+ \chi) \approx \ 2.3 \times 10^{-9} \\ \mathsf{Br}\left(\mathcal{K}_L \to \pi^0 \chi\right) \approx \ 1.0 \times 10^{-8} \\ \mathsf{Br}\left(\eta \to \pi^0 \chi\right) \approx 1.8 \times 10^{-12} \\ \mathsf{Br}(\mathcal{B} \to \mathcal{X}_s \chi) \approx \ 10^{-5} \end{array} \right\} \times \left(\frac{\beta}{\beta_0}\right) \cdot \left(\frac{100 \ \mathsf{MeV}}{m_\chi}\right)^2 \cdot k \left(\frac{m_\chi}{m_{hadron}}\right)$$

- Inflaton is produced quite abundant in B decays
- With typical lifetime of 10⁻⁹ s it decays at some distance but inside the detector
- Search for events with offset vertex in b-factories BaBar, Belle
- LHCb!



Conclusions

- A model with light inflaton and no scales above electroweak scale up to inflation can explain cosmology and searched for in experiments
- It has light particle (inflaton) 0.12 GeV $< m_\chi <$ 1.8 GeV
- The inflaton can be searched in low energy experiments
 - Meson rare decays (Kaon or B-meson)
 - Inflaton decays if created in beam dump
- It is already bound by existing experiments (CHARM) with $m_{\gamma} > 270 \; \text{MeV}$
- Search for it! (NA62, LHCb)



Dark matter – add vMSM and stir

A ν MSM inspired model with inflation χ (Shaposhnikov&Tkachev'06)

$$\begin{split} \mathscr{L} = & (\mathscr{L}_{SM} + \bar{N}_I i \partial_\mu \gamma^\mu N_I - F_{\alpha I} \bar{L}_\alpha N_I \Phi - \frac{f_I}{2} \bar{N}_I^c N_I X + \text{h.c.}) + \\ & \frac{1}{2} (\partial_\mu X)^2 - V(\Phi, X) \end{split}$$

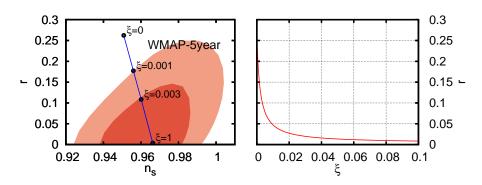
$$\Omega_N = \frac{1.6 f(m_\chi)}{S} \cdot \frac{\beta}{1.5 \times 10^{-13}} \cdot \left(\frac{M_1}{10 \text{keV}}\right)^3 \cdot \left(\frac{100 \text{ MeV}}{m_\chi}\right)^3 \,,$$

DM sterile neutrino mass bound

$$M_1 \lesssim 13 \cdot \left(\frac{m_\chi}{300 \; \text{MeV}} \right) \left(\frac{\text{S}}{4} \right)^{1/3} \cdot \left(\frac{0.9}{f \left(m_\chi \right)} \right)^{1/3} \text{keV} \; .$$



WMAP-5 bounds



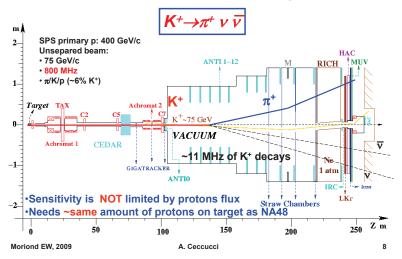
Message

With non-minimal coupling it is very natural for $\beta \phi^4$ inflation to be compatible with observations!





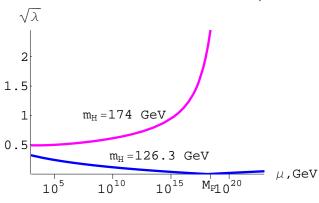
Proposed Detector Layout





Side note - Higgs mass

SM should be good at least up to $H|_{ ext{during inflation}} \sim \sqrt{rac{lpha}{\lambda}} M_P$



$$126.3\,\text{GeV} < m_H < 174\,\text{GeV}$$

(or a bit wider, but be careful at the boundaries, as always)



Parametric enchancement

Let us suppose again that there is an inflaton X coupled to some particle ϕ . Then, during inflaton oscillations, for the ϕ modes with momentum k we have

$$\ddot{\phi}_k + 3H\dot{\phi}_k + \left(\frac{k^2}{a^2(t)} + g^2X(t)^2\right)\phi_k = 0$$

- Important − X(t) oscillates
- Let us neglect the Universe expansion, and say that $X(t) = A\sin(\omega t)$, then

Mathieu equation

$$\frac{d^2\phi_k}{d\eta^2} + (A_k - 2q\cos 2\eta) = 0$$

where
$$A_k = k^2/\omega^2 + 2q$$
, $q = g^2 X_0^2/4\omega^2$, $\eta = \omega t$.



Temperature estimate for the reheating

Equating mean free path $n\sigma_{2l\rightarrow2H}v\sim n\frac{\alpha^2}{\pi p_{\rm avg}^2}$ with the Hubble rate

$$H = \frac{T^2}{m_{\rm Pl}} \sqrt{\frac{\pi^2 g_*}{90}}$$
 we get

$$T_R pprox rac{\zeta(3)lpha^2}{\pi^4}\sqrt{rac{90}{g_*}}m_{ extsf{Pl}}$$

Requiring $T_R > 150\,\mathrm{GeV}$ we can obtain the lower bound on α

$$\alpha \ge 7.3 \times 10^{-8}$$
,

Return
 Re



Temperature estimate for the reheating II

However, $p_{\text{avg}} \sim T$, the cross-section is enhanced, so

$$\frac{\zeta(3)\alpha^2}{\pi^3}\frac{T^4}{p_{\text{avg}}^3} \sim \frac{T^2}{\sqrt{\frac{90}{8\pi^3g^*}}M_{Pl}}$$

For this estimate the bound is *weaker*

$$\alpha \geq 7 \times 10^{-10}$$

Upper bound for the inflaton mass

$$m_{\chi} \leq 1.5 \left(\frac{m_H}{150 \,\mathrm{GeV}}\right) \sqrt{\frac{\beta}{1.5 \times 10^{-13}}} \,\mathrm{GeV}$$



 $\kappa = 2N_h/3b = 2/9$ where $N_h = 3$ is the number of heavy flavours, b = 9 is the first coefficient in the QCD beta function without heavy quarks

$$F_{\gamma\gamma} = F_W + \sum_{f, \text{colors}} q_f^2 F_f \tag{1}$$

$$F_W = 2 + 3y \left[1 + (2 - y) x^2 \right]$$

$$F_f = -2y \left[1 + (1 - y) x^2 \right]$$
(2)

and $y = 4m^2/m_{\chi}^2$, m – mass of the contributing particle

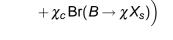
$$x = \operatorname{Arctan} \frac{1}{\sqrt{y-1}}, \text{ for } y > 1$$
$$x = \frac{1}{2} \left(\pi + i \log \frac{1 + \sqrt{1-y}}{1 - \sqrt{1-y}} \right), \text{ for } y < 1$$

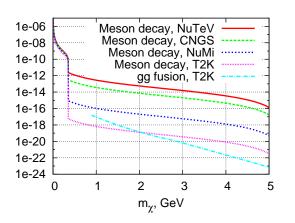
 $F_{gg} = \sum_{f} F_{f}$, with sum only over quarks



Production: beam dump

$$\frac{\sigma}{\sigma_{pp,\text{total}}} = \textit{M}_{pp} \Big(\chi_{\text{S}}(0.5\,\text{Br}(\textit{K}^+ \rightarrow \pi^+ \chi) + 0.25\,\text{Br}(\textit{K}_L \rightarrow \pi^0 \chi))$$





	E, GeV
NuTeV	800
CNGS	400
NuMi	120
T2K	50
	4 return

