

String Theory for Pedestrians

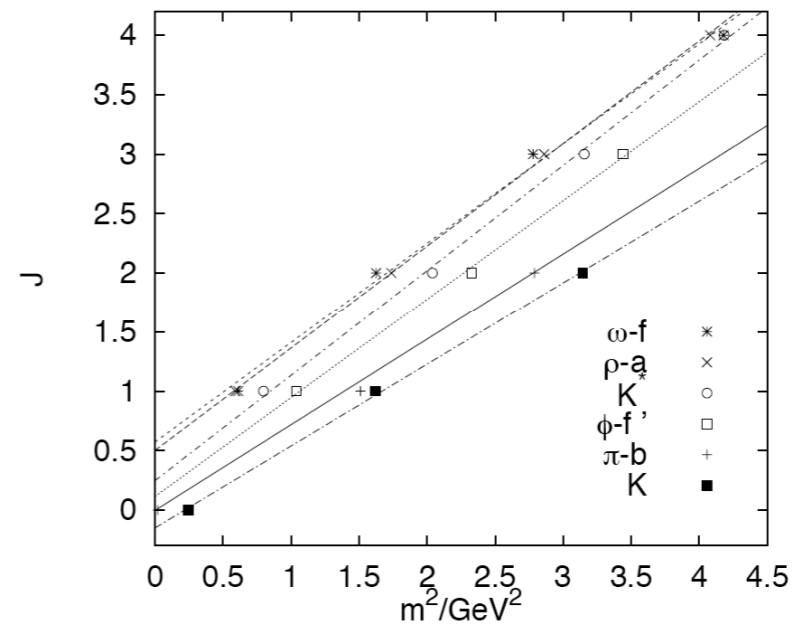
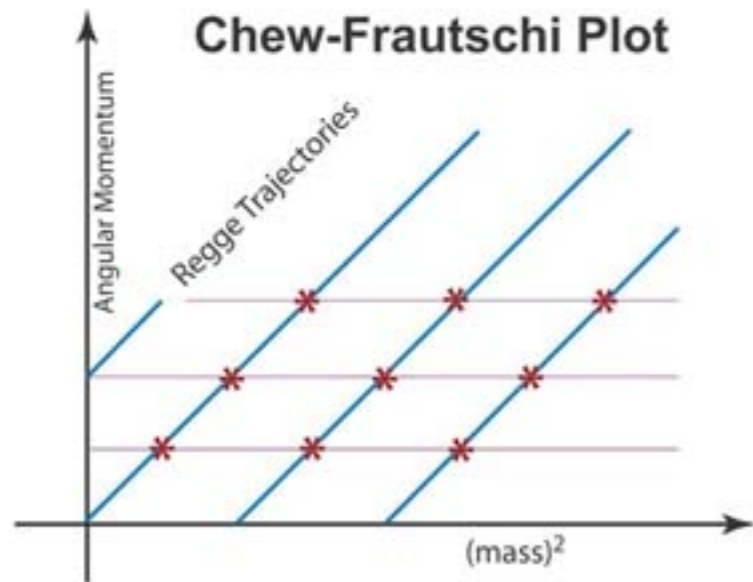
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C. Bachas - ENS, Paris

Lecture 1 : The basic notions and tools

The idea that **elementary particles** may correspond to quantum states of an **extended structureless object** dates back to 1962, when **P.A.M. Dirac** tried to model the electron and the muon as different states of a charged membrane.

Some years later it was realized that **meson resonances** in hadronic collisions could be well described by the excitations of a **quantum relativistic string**.



Both ideas are alive today, though in transmuted form.

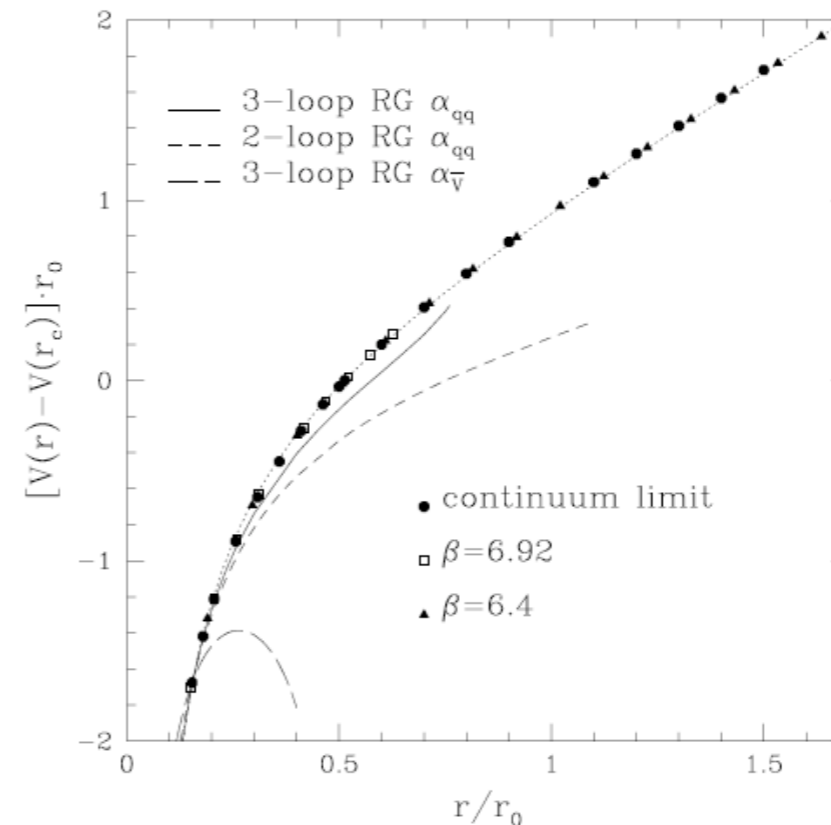
The quarks, leptons and gauge bosons of the Standard Model are not organized in Regge trajectories [or if they are, they each belong to a separate trajectory]. Yet, because it incorporates **quantum gravity**, string theory has played a central role in the effort to **unify the fundamental forces**.

Strong interactions, on the other hand, are described by a beautiful theory: **Quantum Chromodynamics**. Perturbative and lattice QCD calculations are, furthermore, adequate in many contexts.

Thus, if string theory is to play any role, it should be as an **analytic tool** for accessing the low-E dynamics.

Stretched chromo-magnetic flux tubes do behave like strings, as is clear from lattice calculations of the heavy-quark potential. This explains the qualitative successes of dual (and also the Lund) models.

from *Necco+ Sommer, hep-lat/0108008*



The modern reincarnation of dual models is the AdS/CFT correspondence. Besides its potential application to QCD, theorists believe that this duality between gauge theories and gravity could have more far-reaching consequences.

To begin, we need to understand the dynamics of a relativistic string.

This is described by the **Nambu-Gotto action**, i.e. the (Lorentz- and) **reparametrization-invariant** area of the string trajectory [or worldsheet], multiplied by the **string tension**.

$$X^\mu(\sigma, \tau) \quad \text{where}$$
$$X^\mu = (X^0, X^1 \dots X^d) \quad \text{and}$$
$$X \cdot X = -(X^0)^2 + (X^1)^2 \dots + (X^d)^2$$

$$S_{NG} = T_F \int d\tau d\sigma \sqrt{(\partial_\tau X \cdot \partial_\sigma X)^2 - (\partial_\tau X)^2 (\partial_\sigma X)^2}$$

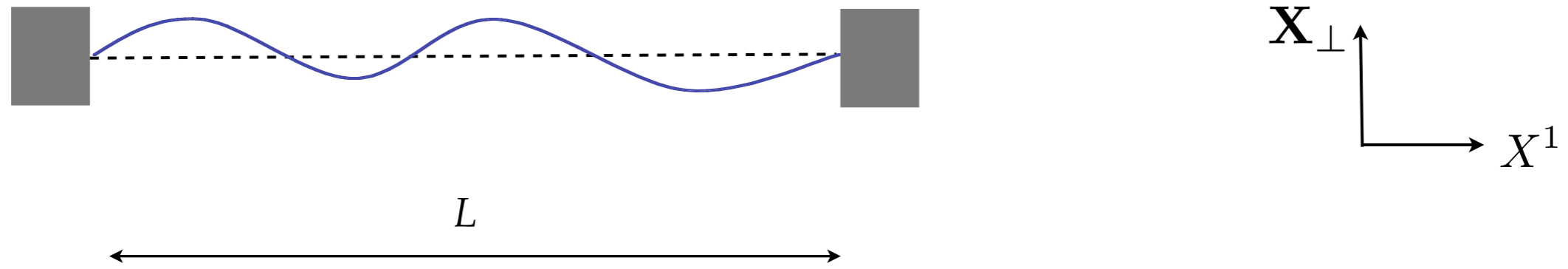
string tension

$$T_F \equiv \frac{1}{2\pi\alpha'}$$

$-\det \hat{g}$, where the
induced metric is
 $\hat{g}_{ab} = \partial_a X \cdot \partial_b X$

NB: This is not the unique invariant action, but it is the lowest-order term in derivatives (higher-order terms involve extrinsic or intrinsic curvature).

When compared, say, to a violin string, **relativistic** strings have unusual properties:



In the so-called **static parametrization** ($X^0 = \tau$, $X^1 = \sigma$) the NG action reads:

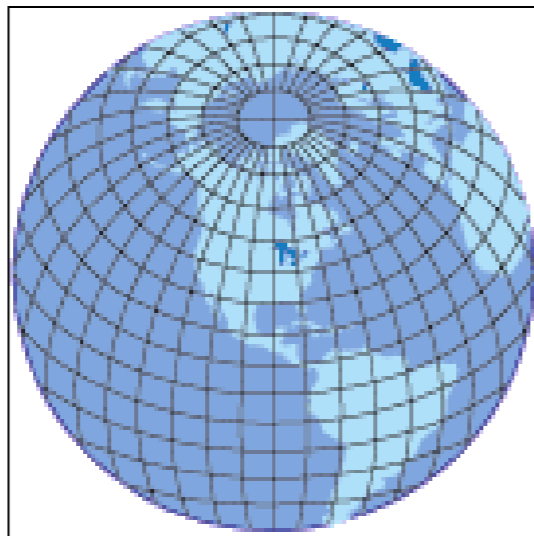
$$S_{NG} = TL \left[1 - \frac{1}{2} (\partial_\tau \mathbf{X}_\perp)^2 + \frac{1}{2} (\partial_\sigma \mathbf{X}_\perp)^2 + \dots \right]$$

➡ **mass density = tension** , and **waves propagate at the speed of light** .

A violin string, by contrast, has **mass density > tension** ; it supports both transverse and longitudinal waves traveling at subluminal speeds.

A more convenient parametrization is by **conformal coordinates**, in which the tangent vectors are everywhere orthogonal and of equal (up to a sign) length. The induced metric in such a coordinate system is **conformally flat**:

$$\hat{g}_{ab} = \begin{pmatrix} (\partial_\tau X)^2 & \partial_\tau X \cdot \partial_\sigma X \\ \partial_\tau X \cdot \partial_\sigma X & (\partial_\sigma X)^2 \end{pmatrix} = |\partial_\tau X|^2 \begin{pmatrix} -1 & 0 \\ 0 & 1 \end{pmatrix}$$



The parametrization of the earth by latitude and longitude is orthogonal but NOT conformal. One degree of latitude corresponds roughly to 110 km, while a degree in longitude corresponds to 110 km on the equator, and zero on the poles.

In conformal coordinates the NG equations become the free-wave equations in 2d:

$$(\partial_\tau^2 - \partial_\sigma^2)X^\mu = 0 \implies X^\mu = \underbrace{\frac{\alpha'}{2}p^\mu(\tau - \sigma)}_{\text{center-of-mass momentum}} + \underbrace{i\sqrt{\frac{\alpha'}{2}} \sum_{n \neq 0} \frac{1}{n} a_n^\mu e^{in(\tau - \sigma)}}_{\text{right-moving excitations}} + \frac{\alpha'}{2}p^\mu(\tau + \sigma) + \underbrace{i\sqrt{\frac{\alpha'}{2}} \sum_{n \neq 0} \frac{1}{n} \tilde{a}_n^\mu e^{in(\tau + \sigma)}}_{\text{left-moving excitations}}$$

We may also write $X^\mu = f^\mu(\tau - \sigma) + \tilde{f}^\mu(\tau + \sigma)$, where f^μ, \tilde{f}^μ are independent functions in the case of closed strings. Open strings have only standing waves, i.e.

$$f^\mu = \pm \tilde{f}^\mu \quad \text{for} \quad \begin{cases} \text{free-endpoint (Neumann)} \\ \text{fixed-endpoint (Dirichlet)} \end{cases} \quad \text{boundary conditions.}$$



mass m
 spin J
 charge q



vibration energy
 intrinsic angular momentum
 momentum in 5th dimension

To compute the mass, let's look at the conformal-gauge conditions : $f' \cdot f' = \tilde{f}' \cdot \tilde{f}' = 0$.

These are **constraints on phase-space**, i.e. on the initial data. They can be solved most easily in the **light-cone gauge**:

$$X^+ = \alpha' p^+ \tau \quad \text{where}$$

$$X^\pm \equiv X^0 \pm X^1 \quad (\implies X \cdot X = -X^+ X^- + |\mathbf{X}^\perp|^2)$$

Since $(f^+)' = (\tilde{f}^+)' = \frac{1}{2} \alpha' p^+$ we can solve the gauge conditions for f^- and \tilde{f}^- .

Thus, only the **D-2 transverse oscillation modes are physical degrees of freedom**.

Furthermore the gauge conditions give:

$$m^2 = -p^2 = \frac{4}{\alpha'} \sum_{n=1}^{\infty} |\mathbf{a}_n^\perp|^2 = \frac{4}{\alpha'} \sum_{n=1}^{\infty} |\tilde{\mathbf{a}}_n^\perp|^2 .$$

positive definite and continuous mass spectrum

$1/\alpha'$
for open strings

Similarly, one can compute the **angular momentum** in the c.o.m. rest frame and show that:
 $J \leq \alpha' m^2$ (as compared with $J \sim \sqrt{E}$ for a rigid bar); **try to prove this!**

open strings

Of course the masses and spins of elementary particles must be discrete.

No problem, **this is automatic upon quantization:**

$$\frac{1}{n} |a_n^j|^2 \rightarrow \mathcal{N}_n^j = 0, 1, 2 \dots$$

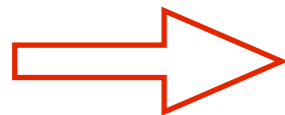
↑
number of excitations
with frequency n and
polarization j

What looks harder is: **how to obtain massless particles, like the photon?**

The **ground state energy** comes here to the rescue! e.g. for open strings:

$$\alpha' m_0^2 = (D - 2) \sum_1^{\infty} \frac{n}{2} = -\frac{D - 2}{24}$$

NB: the divergence is unambiguously subtracted, because the (infinite) energy density must be (by locality) $\propto 1/\epsilon^2$, where ϵ is the short-distance cutoff.



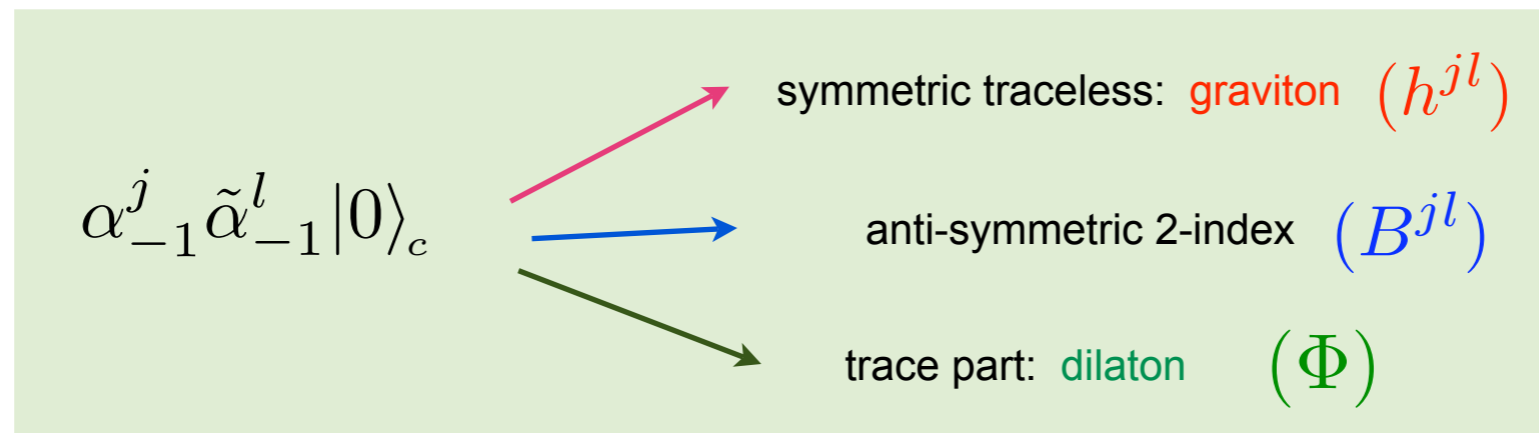
The ground state $|0\rangle_o$ has imaginary mass, it is a **tachyon**.

The first excited states $\alpha_{-1}^j |0\rangle_o$ transform as a vector of the transverse rotation group, and have mass $\alpha' m^2 = 1 - \frac{D-2}{24}$. Since **only massless particles can have (D-2) polarization states**, consistency requires

$$\boxed{D=26} \quad \leftarrow \text{critical dimension}$$

Thus the massless states of an open string correspond to a **higher-dimensional photon**. Remaining states have mass $\geq 1/\sqrt{\alpha'}$, and they are organized in Regge trajectories.

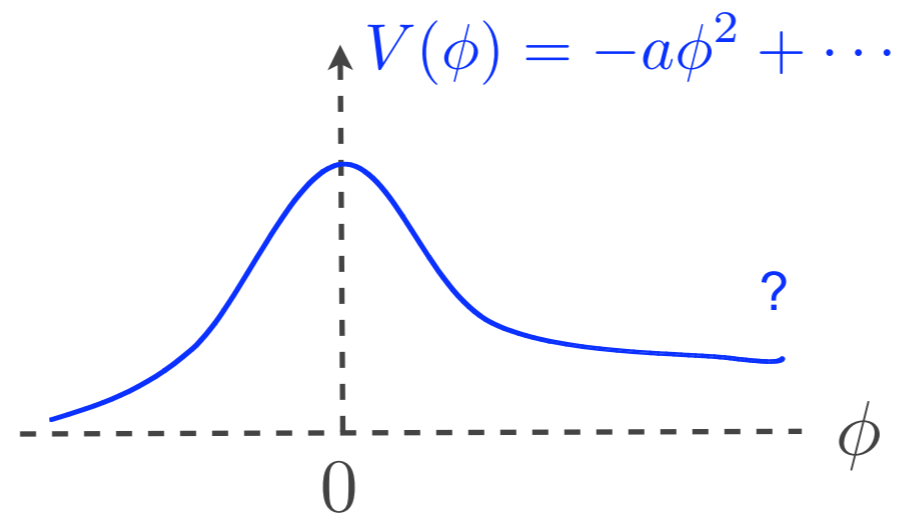
Repeating the analysis for the closed strings one finds a tachyon $|0\rangle_c$ at the lowest level, and the following states at zero mass:



The fact that the closed-string spectrum includes a massless spin-2 state prompted the reinterpretation of string theory as a **theory of quantum gravity**.

Scherk, Schwarz; Yoneya '74

What about the problem of the tachyon? In ordinary field theory a scalar tachyon field signals a **perturbative instability of the vacuum**:



In bosonic string field theory the ultimate fate of $26D$ Minkowski spacetime is not well understood [the known stable backgrounds are in $2D$].

There is, however, a remedy for stability: **space-time supersymmetry**.

There exist several [technically-different but physically-equivalent] descriptions of the superstring. In the so-called **NSR formulation**, one introduces one **anticommuting coordinate** for each normal (commuting) coordinate of the string:

$$\text{NSR super-coordinate: } (X^\mu, \psi^\mu, \tilde{\psi}^\mu)$$

The critical dimension is now $D=10$.
The rest of the analysis proceeds as before, with two crucial differences:

left and right
real fermions
on worldsheet

The fermions can be either **periodic (Ramond)** or **antiperiodic (Neveu-Schwarz)**, with modes that have either **integer** or **half-integer** frequencies [for the open string this corresponds to $\psi^\mu = \tilde{\psi}^\mu$ at one end, and $\psi^\mu = \pm \tilde{\psi}^\mu$ at the other].

In the Ramond sector, there are anti-commuting zero modes acting on the states:

$$\{\psi_0^\mu, \psi_0^\nu\} = \eta^{\mu\nu} \quad \leftarrow \quad \text{Dirac } \gamma \text{ matrices.}$$

These states transform therefore as space-time spinors!

It is consistent (and necessary) to impose **definite world-sheet fermion parity**.

This is known as the **GSO projection**: $(-)^F = -1$.

It **projects out the tachyon**, and acts as a **chirality projection** on Ramond states.

Let us consider the spectrum of the open superstring:

$\alpha' m^2$ \ sectors	Neveu-Schwarz	Ramond
$-\frac{1}{2}$	$0\rangle_{NS}$	
0	$\psi_{-\frac{1}{2}}^j 0\rangle_{NS}$	$0, +\rangle_R$ $ 0, -\rangle_R$

.... plus massive states.

$D=10$ Weyl
Majorana spinor



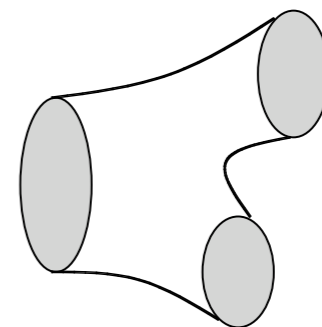
The massless states are those of the $D=10$, $N=1$ supersymmetric Maxwell theory.

For closed strings, one must impose separate boundary conditions and GSO projections on the left and right fermions. The massless states are:

$$\begin{aligned}
 \psi_{-\frac{1}{2}}^j \tilde{\psi}_{-\frac{1}{2}}^l |0\rangle_{NS/NS} &\longrightarrow \text{graviton, dilaton, NS-NS tensor} \\
 \psi_{-\frac{1}{2}}^j |0\rangle_{NS/R} , \tilde{\psi}_{-\frac{1}{2}}^l |0\rangle_{R/NS} &\longrightarrow \text{gravitini with } \begin{cases} \text{opposite (IIA)} \\ \text{equal (IIB)} \end{cases} \text{ chirality} \\
 |0\rangle_{R/R} &\longrightarrow \text{R-R antisymmetric tensor fields } [\simeq \text{bi-spinors}]
 \end{aligned}$$

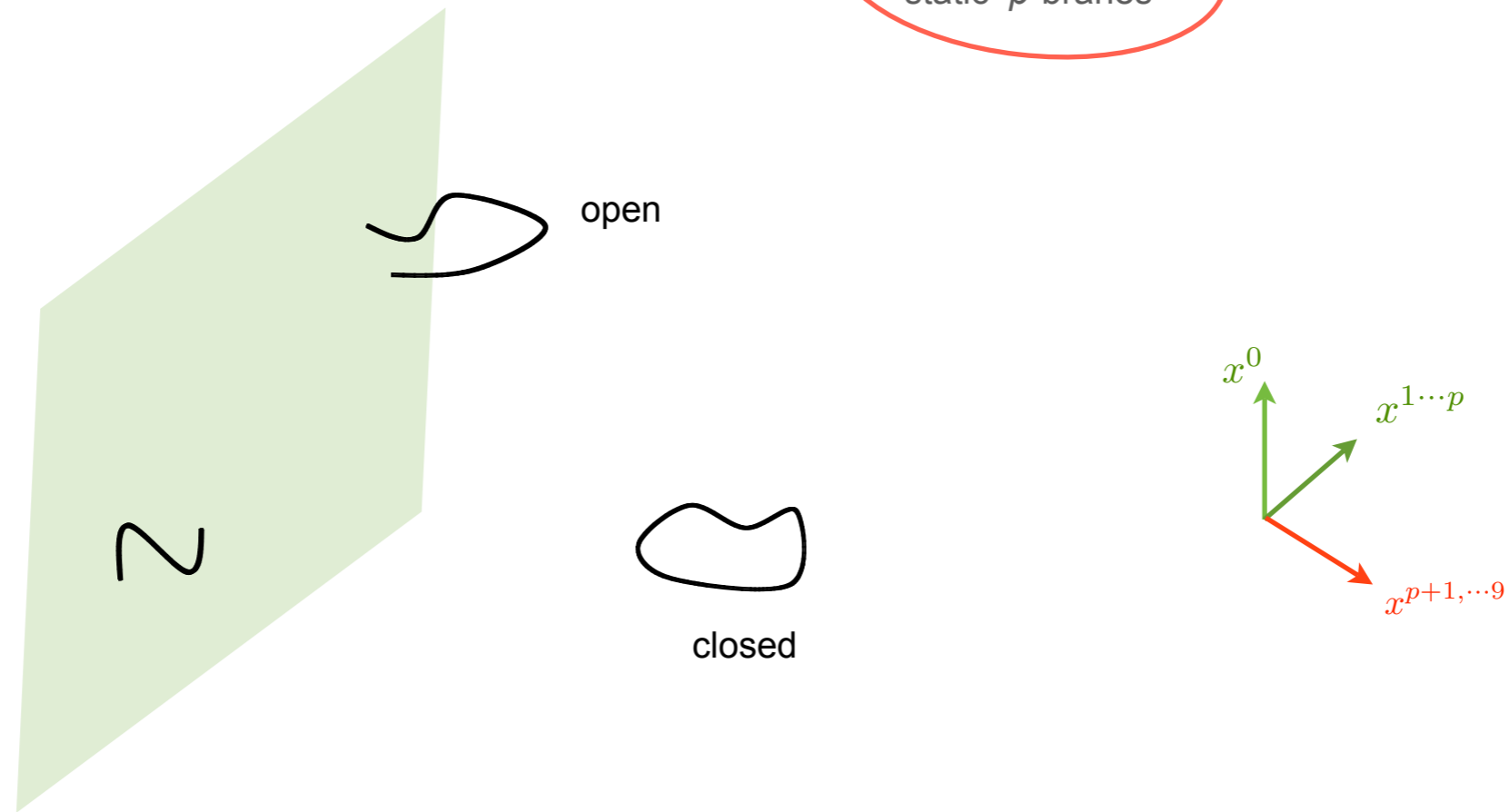
➔ These states are those of the maximal (N=2) supergravity theories in $D=10$.

By studying the interactions of the massless modes it has been shown that the effective low-E theories are precisely **N=2 (IIA or IIB) supergravity** in ten dimensions. This is not surprising: **maximal two-derivative supergravities are unique, i.e. they are completely fixed by symmetry.**



How about the open strings? Recall that each coordinate can obey either Neumann or Dirichlet boundary conditions: open-string endpoints are thus stuck on hyper-planar subspaces, or **Dp-branes**.

more precisely,
worldvolumes of
static p -branes



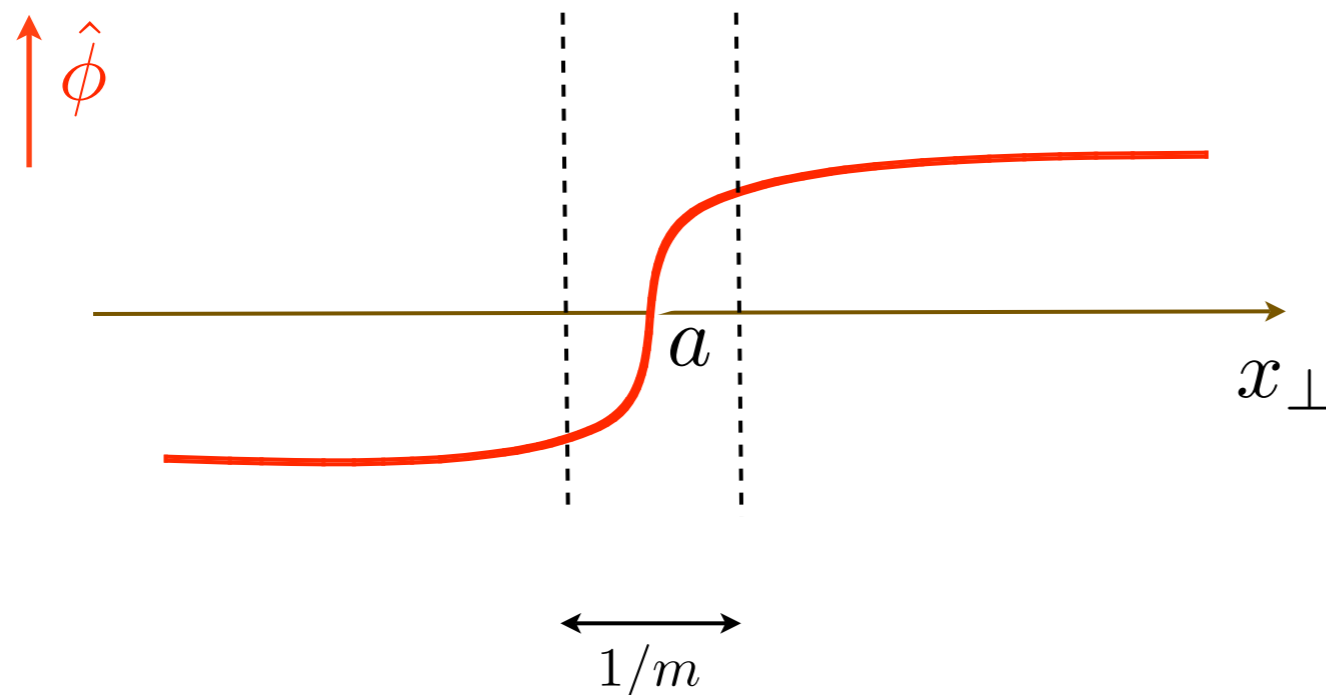
D-branes interact with the closed strings [e.g. an open string can emit a closed one]. They have in particular **RR-charge and mass density** (tension); they are **solitonic excitations of type II string theory**, analogous to magnetic monopoles.

The simplest soliton is the **kink**. This is a domain wall in a scalar-field theory with a double-well potential [in d spatial dimensions it is a $p=(d-1)$ - brane]. As a toy example, consider the following two-scalar model:

$$\mathcal{L}(\phi, \chi) = \frac{1}{2}(\partial\phi)^2 + \frac{1}{2}(\partial\chi)^2 + \frac{g}{8}[\phi^2 + \chi^2 - \frac{m^2}{g}]^2 + \frac{\tilde{g}}{8}\chi^4$$

The two vacua are at $(\phi, \chi) = (\pm \frac{m}{\sqrt{g}}, 0)$, and a kink solution is

$$\hat{\phi} = \pm \frac{m}{\sqrt{g}} \tanh\left(\frac{m(x_{\perp} - a)}{2}\right), \quad \hat{\chi} = 0.$$



$$\begin{aligned} \text{width} &\sim 1/m \\ \text{tension} &\sim m^3/g \end{aligned}$$

heavy at weak coupling

The low-E excitations in the background of the kink are of two kinds:

- (i) those of the field $\chi(x)$, which is massless far from the kink;
- (ii) the long-wavelength transverse excitations of the brane, $\phi(x) \sim Y(x_{\parallel})\partial_a\hat{\phi}(x_{\perp})$.

The corresponding effective action reads:

$$S_{\text{eff}} = \int_{\text{bulk}} \left[\frac{1}{2}(\partial\chi)^2 + \frac{g + \tilde{g}}{8}\chi^4 \right] + \int_{\text{brane}} \left[\frac{1}{2}(\partial Y)^2 + V_b(Y, \chi) \right] + \dots$$

*NB: there is, in fact, also a **tachyonic** field on the brane, corresponding to the fact that there is a lower-tension, stable domain wall. For simplicity, we have neglected this tachyon in the current discussion.*

This can be derived from the initial Lagrangian, by a decomposition of the scalar fields in modes of the reduced transverse-space linearized equations:

$$\Phi := \phi + i\chi = \sum_{\lambda} \psi_{\lambda}(x_{\parallel})\Phi_{\lambda}(x_{\perp})$$

both continuous (bulk), and discrete (localized) modes

Unfortunately, we don't know the Lagrangian of (second-quantized) string field theory.

Nevertheless, we interpret **closed** and **open** strings as the **bulk** and **brane-localized** modes in the presence of solitons. In particular, the low-E excitations of a D-brane are described by open strings with $m^2 \ll 1/\alpha'$.

For an isolated D_p -brane, we saw that these strings correspond to a $D=10$ Maxwell (super)field, dimensionally reduced to $D=p+1$:

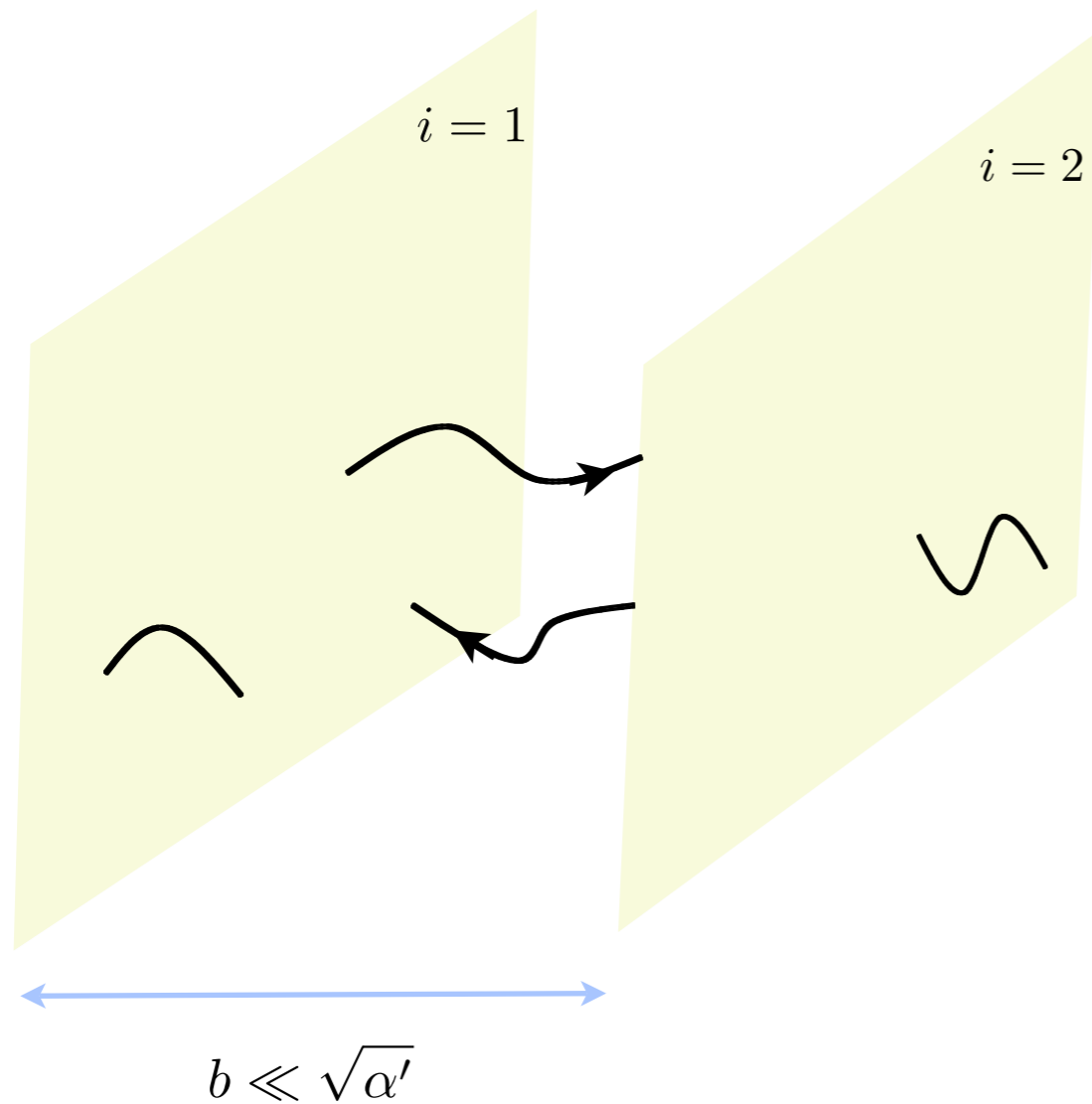
$A^{\alpha=0, \dots, p}$	photon field
$Y^{J=p+1, \dots, 9}$	scalars (= transverse coordinates)
$\lambda^{a=1 \dots 16}$	gauginos

The effective two-derivative D-brane action is a free, supersymmetric Maxwell theory.

Covariantized by the Dirac-Born-Infeld action:

$$\int d^{p+1}\zeta \sqrt{-\det(\partial_\alpha Y \cdot \partial_\beta Y + F_{\alpha\beta})} + \text{fermionic}$$

A surprise comes when one considers **two nearby D-branes**:



Fields acquire **Chan-Paton** indices, labeling the branes of the string endpoints:

$$A_{ij}^\alpha, \Phi_{ij}^J, \lambda_{ij}^a$$

and they interact as matrix products.

The low-E field theory is supersymmetric Yang-Mills theory with gauge group $U(2)$; for N D-branes the group is $U(N)$.

spontaneously-broken to $U(1) \times \dots \times U(1)$ when branes are separated ("Coulomb phase")

The double role of D-branes, as (1) solitons in a theory of gravity, and (2) habitats of non-abelian gauge theories, is at the core of most recent developments in the subject. More in the upcoming lectures.

Here, I will conclude with one last remark: the type IIA theory has stable supersymmetric D-particles with mass $\sim 1/g_s \sqrt{\alpha'}$. These become light when the coupling is strong. But is it possible to add more light fields to the highly-constrained N=2, 10D supergravity theory?

The only known extension is maximal supergravity in 11 dimensions [from which the IIA theory is obtained by dimensional reduction].

Cremmer, Julia, Scherk '78

A reasonable conjecture (that passes many tests): strongly-coupled IIA theory has a dual description in terms of D=11 supergravity compactified on a large circle, and coupled consistently to membranes and five-branes.

*Hull, Townsend '94
Witten '95*

It is rather unlikely that D=11 supergravity is a consistent theory at all scales. Its UV completion (if it exists) has been called M-theory; it has no dimensionless parameter, and no sharp definition.

Let us now summarize:

- A Relativistic strings can be consistently quantized. They describe infinite towers of particles, with spin and mass-squared on Regge trajectories. One of these particles is massless and has spin 2: it is the **graviton**.

- B To solve the problem of the tachyon one needs **supersymmetry**. Also, consistency requires **10 space time dimensions**. Closed strings give a **finite theory of quantum gravity** whose low-E limit is type II supergravity.

- C The theory has solitonic excitations that can be described by **D-branes**. These have the surprising property of binding **non-abelian Yang Mills** theories in their worldvolume.

Further reading: there are many textbooks on string theory.
Here is a (partial) list:

B. Zwiebach, *First Course in String Theory*

M. Green, J. Schwarz, E. Witten, *Superstring Theory*

J. Polchinski, *String Theory*

E. Kiritsis, *String Theory in a Nutshell*

K+M. Becker, J. Schwarz, *String Theory and M-theory*