Lattice Simulations of Axion Inflation

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Collaborators: E.Komatsu, K.D.Lozanov, J. Weller,...



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Roadmap



1) The method: lattice simulations of inflation

2) Lattice simulations of axion-U(1) inflation

[M. Anber, L. Sorbo 0908.4089] [N. Barnaby, M. Peloso 1011.1500]

Interaction between the inflation and a U(1) gauge field

$$A_{\mu} = (A_0, \vec{A})$$

$$\mathscr{L} \supset \frac{\alpha}{f} \phi \overrightarrow{E} \cdot \overrightarrow{B}$$

 $\phi \longrightarrow A_{\mu}$

 $\overrightarrow{E} = -\nabla A_0 - \partial_t \overrightarrow{A}, \quad \overrightarrow{B} = \overrightarrow{\nabla} \times \overrightarrow{A}$

[**M. Anber, L. Sorbo** 0908.4089] [**N. Barnaby, M. Peloso** 1011.1500]

 A_{μ}

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$$\vec{E} = -\nabla A_0 - \partial_t \vec{A}, \quad \vec{B} = \vec{\nabla} \times \vec{A}$$

Observational consequences:

Production of electromagnetic field \rightarrow decay into inflaton perturbations

$$\overline{\phi} - \frac{1}{2} \frac{1}{$$

 $\mathscr{L} \supset \frac{\alpha}{f} \phi \overrightarrow{E} \cdot \overrightarrow{B}$

[**M. Anber, L. Sorbo** 0908.4089] [**N. Barnaby, M. Peloso** 1011.1500]

$$S = \int d^4x \sqrt{-g} \left(\frac{1}{2} M_{\rm Pl}^2 \mathscr{R} - \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - V(\phi) - \frac{1}{4} F_{\mu\nu} F^{\mu\nu} - \frac{\alpha}{4f} \phi F_{\mu\nu} \tilde{F}^{\mu\nu} \right)$$
$$F_{\mu\nu} = \partial_\mu A_\nu - \partial_\nu A_\mu$$

In math:

$$\overrightarrow{A} \longrightarrow A_{\pm}$$

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$$\begin{split} S &= \int d^4 x \sqrt{-g} \left(\frac{1}{2} M_{\rm Pl}^2 \mathscr{R} - \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - V(\phi) - \frac{1}{4} F_{\mu\nu} F^{\mu\nu} - \frac{\alpha}{4f} \phi F_{\mu\nu} \tilde{F}^{\mu\nu} \right) \\ F_{\mu\nu} &= \partial_\mu A_\nu - \partial_\nu A_\mu \end{split}$$

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Tachyonic growth of A_+ for $k < \phi' \frac{\alpha}{f}$

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$$F_{\mu\nu} = \partial_\mu A_\nu - \partial_\nu A_\mu$$

Also source for gravitational waves:

$$\left(\frac{\partial^2}{\partial\tau^2} + 2\mathcal{H}\frac{\partial}{\partial\tau} - \nabla^2\right)h_{ij}(\vec{x},\tau) = 2a^2\left(-E_iE_j - B_iB_j\right)^{TT}$$

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Known results

(Green function methods, in-in calculations)

• Power spectrum:

P, vac $\mathcal{P}_{\zeta}(k) \simeq \mathcal{P}_{\rm vac} + \mathcal{P}_{\rm vac}^2 f_2(\xi) e^{4\pi\xi}$ $\alpha\phi$ vacuum sourced (free theory)

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 $\mathcal{P}_{\rm vac} \simeq \frac{H^4}{(2\pi\dot{\phi})^2}$ $\xi = \frac{\alpha\dot{\phi}}{2fH}$

• Bispectrum:

$$f_{\rm NL}^{\rm (equil.)}(\xi) \simeq \frac{f_3(\xi) \mathscr{P}_{\rm vac}^3 e^{6\pi\xi}}{\mathscr{P}_{\zeta}^2}$$

Axion inflation

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 $\frac{\alpha\phi}{2fH}$

Scalar perturbations naturally grow on small scales



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More precisely:

$$\partial_{\tau}^2 \bar{\phi} + 2\mathcal{H} \partial_{\tau} \bar{\phi} + a^2 V'(\bar{\phi}) = \frac{a^2 \frac{a}{f} \langle F_{\mu\nu} \tilde{F}^{\mu\nu} \rangle}{f}$$



Roadmap



1) The method: lattice simulations of inflation



Lattice simulations

- Numerical tool to study non-perturbative cosmological phenomena.
- Examples: reheating phase after inflation, cosmological phase transitions.



[M. A. Amin, R. Easther, H. Finkel, arXiv:1009.2505]



[A. V. Frolov, arXiv:1004.3559]



[M. A. Amin, J. Fan, K. D. Lozanov, M. Reece, arXiv:1802.00444]



[J. Dufaux, D.G. Figueroa, J. Garcia-Bellido, arXiv:1006.0217]

My goal:

Develop lattice techniques for inflation

	arXiv	
AC, E. Komatsu, K. D. Lozanov, J. Weller	2102.06378	
	2110.10695	
	2204.12874	
AC	2209.13616	
AC, S.Renaux-Petel, K. Inomata 2403.12811		
AC, D. Jamieson, E. Komatsu [in preparation]		

Lattice simulations

Put the continuous inflationary universe on a discrete cubic lattice:



$$\phi(\vec{x},t) = \bar{\phi}(t) + \delta\phi(\vec{x},t)$$

& perturbation theory on $\delta\phi$



<u>Non-linear</u> evolution of ϕ_i

Numerically solve the classical eqs:

$$\frac{\partial \mathscr{L}}{\partial \phi_i} = \frac{d}{dt} \left(\frac{\partial \mathscr{L}}{\partial \dot{\phi}_i} \right)$$

[**AC** 2209.13616]

Lattice approach

Start with quantum fluctuations on sub-horizon box:



•
$$\hat{\phi}(\vec{n}) = \sum_{\vec{m}} \left[\hat{a}_{\vec{m}} u(\vec{\kappa}_{\vec{m}}) e^{i\frac{2\pi}{N}\vec{n}\cdot\vec{m}} + \hat{a}_{\vec{m}}^{\dagger} u^{\dagger}(\vec{\kappa}_{\vec{m}}) e^{-i\frac{2\pi}{N}\vec{n}\cdot\vec{m}} \right]$$

- $\vec{n} =$ lattice site, $n_i, m_i \in 1, ..., N$. $\vec{\kappa}_{\vec{m}} = \frac{2\pi}{L} \vec{m}$
- Discrete Bunch-Davies spectrum:

[**AC+** 2102.06378]

$$u(\vec{\kappa}) = \frac{L^{3/2}}{a\sqrt{2\omega_{\vec{\kappa}}}}e^{-i\omega_{\vec{\kappa}}\tau}, \qquad \omega_{\vec{\kappa}}^2 = k_{\text{eff}}^2(\vec{\kappa}) + m^2 \qquad \text{(discrete dispersion relation)}$$

• Stochastic approximation:

$$\hat{a}_{\overrightarrow{m}} = e^{i2\pi \hat{Y}_{\overrightarrow{m}}} \sqrt{-\ln(\hat{X}_{\overrightarrow{m}})/2},$$

$$\hat{X}_{\overrightarrow{m}}, \hat{Y}_{\overrightarrow{m}}$$
 uniform randoms between 0 and 1



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Discrete Bunch-Davies spectrum: [AC+ 2102.06378]

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Lattice approach: evolution

Solve numerically for all lattice points:

$$\phi''(\vec{n}) + 2H\phi'(\vec{n}) - \nabla^2\phi(\vec{n}) + a^2\frac{\partial V}{\partial\phi}(\vec{n}) = 0$$

+ Friedmann equation for scale factor

$$\frac{d^2a}{d\tau^2} = \frac{1}{6} \left(\langle \rho \rangle - 3 \langle p \rangle \right) a^3$$



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Assuming unperturbed metric

$$ds^2 = a^2(-d\tau^2 + d\vec{x}^2)$$
 because:

•
$$\delta g_{ij} \equiv 0$$
 (gauge freedom)

•
$$\delta g_{0\mu} \propto \epsilon = \frac{\dot{H}}{H^2} = \frac{\frac{1}{2}\dot{\phi}^2}{M_{\rm Pl}^2 H^2} \rightarrow 0$$
, known as "decoupling limit" of gravity $M_{\rm Pl} \rightarrow \infty$

 See e.g.
 C. Cheung et al. [0709.0293]

 S. R. Behbahani et al. [1111.3373]

 P. Creminelli et al. [2401.10212]

Lattice simulations of inflation



Lattice simulations of inflation

For single-field simulations, see:





Using the "PDE" approach for the Gauge field.

In the Lorenz Gauge $\partial^{\mu}A_{\mu} = 0$:

$$\phi'' + 2H\phi' - \partial_j\partial_j\phi + a^2\frac{\partial V}{\partial\phi} = -a^2\frac{\alpha}{4f}F_{\mu\nu}\tilde{F}^{\mu\nu},$$
$$A_0'' - \partial_j\partial_jA_0 = \frac{\alpha}{f}\epsilon_{ijk}\partial_k\phi\partial_iA_j,$$
$$A_i'' - \partial_j\partial_jA_i = \frac{\alpha}{f}\epsilon_{ijk}\phi'\partial_jA_k - \frac{\alpha}{f}\epsilon_{ijk}\partial_j\phi(A_k' - \partial_kA_0)$$



+ Friedmann equation for scale factor $\frac{d^2a}{d\tau^2} = \frac{1}{6} \left(\langle \rho \rangle - 3 \langle p \rangle \right) a^3$

Note that $\partial^{\mu}A_{\mu} = 0$ is not automatically satisfied, needs to be checked!

This approach was used in preheating sims, e.g. P. Adshead et al. [1909.12842] P. Adshead et al. [1909.12843]

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AC+ 2110.10695

In 2102.06378 and 2110.10695, we studied the consequences of discretization



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Trick: identify $k_{\text{physical}} = \omega(k_{\text{lattice}})$



Lattice simulation: loop effects

Off-topic: this is what allowed precise comparison with perturbation theory at 1-loop



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For tachyonic enhancement of gauge fields, discretization is more important

Continuous space:

Lattice:

$$A_{\pm}^{\prime\prime} + \left(k^2 \pm k\bar{\phi}^{\prime}\frac{\alpha}{f}\right)A_{\pm} = 0. \qquad \qquad A_{\pm}^{\prime\prime} + \left(k_{\rm lapl}^2 \pm \frac{\alpha}{f}\phi^{\prime}\vec{k}_{\rm sd} \cdot \frac{\vec{\kappa}}{|\vec{\kappa}|}\right)A_{\pm} = 0.$$
$$k_{\rm sd} \neq k_{\rm lapl}$$

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For a second-order scheme:



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Solution: find a scheme with $k_{\rm sd} \simeq k_{\rm lapl}$, for example 4th order



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We also studied the vacuum contribution to gauge field energy-density



Analytical prediction with cut-off regularisation:

$$\rho_{\rm GF}^{(a)} = \frac{1}{4\pi^2 a^2} \int_{(8\xi)^{-1}}^{2\xi} \left[A'_{-}^2 + k^2 A_{-}^2 \right] = \frac{6!}{2^{19}\pi^2} \frac{H^4}{\xi^3} e^{e\pi\xi}$$

Results of the simulation:

small
$$\xi = \frac{\alpha \dot{\phi}}{2fH}$$

perturbative regime (no backreaction)

2. Small scales:

large
$$\xi = \frac{\alpha \dot{\phi}}{2fH}$$

non-perturbative regime (with backreaction)

Simulation confirms analytical results (very nontrivial)



Thanks to the lattice, we know $\zeta(\mathbf{x}, t)$!

The first computation of nonlinear $\zeta(\mathbf{x}, t)$!

Beyond simplifying assumptions $\zeta \simeq \zeta_G + f_{\rm NL} K[\zeta_G, \zeta_G]$





The first computation of nonlinear $\zeta(\mathbf{x}, t)$!

-3 -2 -1 $-0 \zeta / \sigma$ --1 --2 --3

Gaussian (ζ_G)

Beyond simplifying assumptions $\zeta \simeq \zeta_G + f_{\rm NL} K[\zeta_G,\zeta_G]$







Define cumulants:

$$\kappa_n = \frac{\langle \zeta^n \rangle_c}{\sigma^n}$$

 κ_3 "skewness", κ_4 "kurtosis", etc.



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$\zeta \neq \zeta_G + f_{\rm NL} K[\zeta_G, \zeta_G]$

Backreaction

Study transition linear \longrightarrow nonlinear



Backreaction



Figure from 2002.02952

The first lattice confirmation of what is found in:

[V. Domcke, V. Guidetti, Y. Welling, A. Westphal arXiv:2002.02952]

[**E.V. Gorbar, K. Schmitz, O. O. Sobol, S. I. Vilchinskii** arXiv:2109.01651]

Backreaction







Non-Gaussianity is <u>suppressed</u> in the nonlinear regime!



Non-Gaussianity is suppressed in the nonlinear regime!

This invalidates PBH bounds, allowing for a sizeable GW signal at PTA





Non-Gaussianity is **suppressed** in the nonlinear regime!

find that in the low/mild backreaction regime, it is incapable of producing PTA evidence and the tensor-to-scalar ratio is low at the peak, hence it overproduces scalar perturbations and PBHs.

This invalidates PBH bounds, allowing for a sizeable GW signal at PTA

THE ASTROPHYSICAL JOURNAL LETTERS			
	NANOGrav signal from axion		
OPEN ACCESS The NANOGrav 15 yr Data Set: Evid	inflation	Axion-Gauge Dynamics During Inflation as the Origin of Pulsar Timing Array Signals and Primordial Black Holes	
wave Background		Caner Ünal, ^{1, 2, *} Alexandros Papageorgiou, ^{3, †} and Ippei Obata ^{4, ‡}	
Gabriella Agazie ¹ 🝺, Akash Anumarlapudi ¹ 🕩, Anne M		¹ Department of Physics, Ben-Gurion University of the Negev, Be'er Sheva 84105, Israel ² Fera Currey Institute Boggzici University Congelboy Istanbul Turkey	
Paul T. Baker ⁴ (D, Bence Bécsy ⁵ (D, Laura Blecha ⁶ (D, Sarah Burke-Spolaor ^{10,11} (D, + Show full author list	Xuce Niu, ^a and Moinul Hossain Rahat ^b	³ Particle Theory and Cosmology Group, Center for Theoretical Physics of the Universe, Institute for Basic Science (IBS) 34126 Daejeon Korea	
Published 2023 June 29 · © 2023. The Author(s). Published	^a Institute for Fundamental Theory, Department of Physics	⁴ Kavli Institute for the Physics and Mathematics of the Universe (Kavli IPMU, WPI), UTIAS, The University of Tokyo, 5-1-5 Kashiwanoha, Kashiwa, Chiba, 277-8583, Japan	
<u>The Astrophysical Journal Letters, Volume 951, Number 1</u> Focus on NANOGrav's 15 yr Data Set and the Gravitational Wave	Gainesville, FL 32611, USA	We demonstrate that the recently announced signal for a stochastic gravitational wave background	
Citation Gabriella Agazie <i>et al</i> 2023 <i>ApJL</i> 951 L8	E-mail: xuce.niu@ufl.edu, M.H.Rahat@soton.ac.uk	(SGWB) from pulsar timing array (PTA) observations, if attributed to new physics, is compatible with primordial GW production due to axion-gauge dynamics during inflation. More specifically we find that axion- $U(1)$ models may lead to sufficient particle production to explain the signal	
		while simultaneously source some fraction of sub-solar mass primordial black holes (PBHs) as a signature. Moreover there is a parity violation in GW sector, hence the model suggests chiral GW search as a concrete target for future. We further analyze the axion- $SU(2)$ coupling signatures and	

How does this compare with known results?

• Power spectrum: $\mathscr{P}_{\mathcal{F}}(I)$

$$\mathcal{P}_{\zeta}(k) \simeq \mathcal{P}_{\mathrm{vac}} + \mathcal{P}_{\mathrm{vac}}^2 f_2(\xi) e^{4\pi\xi}$$

$$\mathcal{P}_{\text{vac}} \simeq \frac{H^4}{(2\pi\dot{\phi})^2}$$
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 $\langle \zeta(\mathbf{k_1})\zeta(\mathbf{k_2})\zeta(\mathbf{k_3})\rangle \sim f_3(\xi)\mathscr{P}_{\mathrm{vac}}^3 e^{6\pi\xi}$

$$\frac{\tilde{\zeta}(\mathbf{k}_{1})\zeta(\mathbf{k}_{2})\zeta(\mathbf{k}_{3})}{\left(\left\langle\zeta(\mathbf{k}_{1})\zeta(\mathbf{k}_{2})\right\rangle\right)^{3/2}} \xrightarrow{\xi \gg 1} \sim \frac{f_{3}(\xi)}{f_{2}^{3/2}(\xi)}$$

What is the physical interpretation? **Central limit theorem!**

Look at the source term:

$$\left(F_{\mu\nu}\tilde{F}^{\mu\nu}\right)(k) = \sum_{k'} F_{\mu\nu}(k') \ \tilde{F}^{\mu\nu}(k-k') \,.$$

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Analogous to fermion production:

[P. Adshead, L. Pearce, M. Peloso, M. A. Roberts, L. Sorbo arXiv:1803.04501]

Summary

• First lattice simulation of an axion-gauge system during inflation



• Understanding non-Gaussinity beyond f_{NL}

• First step towards fully nonlinear understanding of backreaction in axion inflation





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